

A National Woman's Peer Recovery Support Initiative

A Facilitated Discussion

with

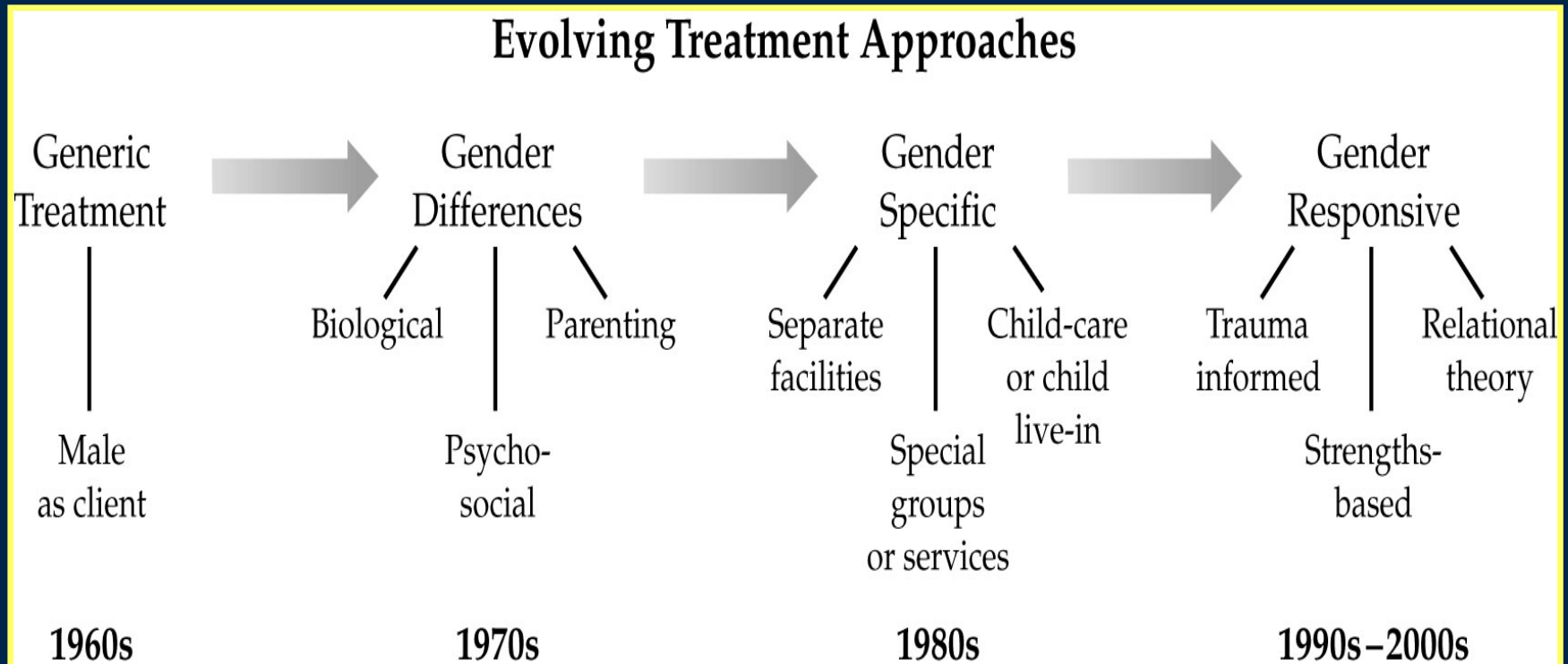
Niki Miller

Sherri Green

and

Stephanie Covington

Evolving Treatment Approaches



From "Generic to Gender-Responsive Treatment: Changes in Social Policies, Treatment Services, and Outcomes for Women in Substance Abuse Treatment," by C. E. Grella, 2008. Copyright 2008 by Christine E. Grella. In Journal of Psychoactive Drugs, November 2008, (SARC Suppl. 5).

Definition: Gender-Responsiveness

Creating an environment through site selection, staff selection, program development, content, and material that reflects an understanding of the realities of the lives of women and girls and that addresses and responds to their strengths and challenges.

(Covington and Bloom)

Core Principles of Trauma Informed Care

- Safety (physical and emotional)
- Trustworthiness
- Choice
- Collaboration
- Empowerment

(Fallot & Harris, 2006)

Twelve Steps

History

- 1935 founded by Bill W. & Dr. Bob
- Early days – women were invisible
- Today – 126 self-help groups
- Women represent 1/3 of membership

Peer-Led Recovery Services

- Scarce research on sustaining recovery
(Laudet, Morgan & White, 2006)
- Almost no research on peer recovery
services for women (Inciardi, Lockwood, & Pottieger, 1993;
Haberlie & White, 2007)
- Recovery Community Support/Services
Program (SAMHSA, 2008)

RCSP

- By 1998 CSAT put a decade of discussion into action
- First wave of grantees focused on community organizing & advocacy
- Then RFP's began to require direct service components
- 2001 cohort funded first women's project

Three Different Spheres of a Recovery Oriented System of Care

Addiction Professionals



Recovery Community
Services

Mutual Support

Four Different Spheres for Women

Addiction Professionals

Recovery Community
Services

Mutual Support

Comprehensive
Family & Social Services



Implications for a Women's Recovery Oriented System of Care

- **Integration of women's treatment, indigenous women's supports, feminist supports and community services for women and families**
- **Use of paid female consumer-run services (mentors, linkage specialists, peer trauma recovery coaches)**
- **Integration of paid female co-occurring and trauma recovery experts as advisors in planning and funding**

Highlights from WROSC Survey

- Respondents
- Patterns in reported experiences and opinions
- Differences and convergences between groups of respondents
- Future opportunities for research and dialog