

A.5 Treatment Issues and Strategies for Women with Methamphetamine Dependence and Their Families

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*National Conference on Women, Addiction and Recovery
July 12, 2006
Anaheim, CA*

IDEAS GENERATED BY WORKGROUP BREAKOUTS:

Question #1: *What kinds of support are needed for women, children and families?*

- Money
- Transportation (to treatment, medical care, grocery store, etc.)
- Mentors (to help teens with ancillary services)
- Qualified Staff
- Childcare (onsite, access to outside childcare)
- Access to Safe and Affordable Housing
- Educational Resources (for disenfranchised also)
- Vocational Resources (for disenfranchised also)
- Legal Resources
- Parenting Education (age-specific)
- Connection to Faith-based Communities
- Adequate Follow-Up
- Dependency Drug Courts
- Medical and Dental Care
- Case Management
- Peer Counseling
- Family/Child Counseling and 'Relationship Training'

Question #2: *How do we fit in all the necessary programming?*

- Thorough Needs and Treatment Assessment
- Menu of Offerings: [Matrix, trauma treatment, employment, food, shelter, etc.]
- Spread Roles among Staff
- Connect with Community for Volunteers, Retirees, Grads, 12 Steppers
- Transitional Housing
- Staff Position for Community Connections to courts, volunteers, etc.
- More Wraparound Services
- Hire More Counselors or Reduce Caseload
- Advocate at State and Federal levels so can work towards 'One-Stop Shopping'
- Look for Other Funding Sources (e.g. First Five; SAMHSA, etc.)

Question #3: *How do we allocate our limited resources to achieve our program goals?*

- Use Interns!!
- Prioritize
- Know Community Resources (e.g. private trust monies)
- Collaborate as much as possible so as not to duplicate
- Case Management
- Use Known Resources
- Use Criminal Justice Money
- Strive for Outpatient Treatment as much as possible
- Use AA, Friends, Community Supports and Resources: churches, etc.
- Draw in Donations through Appealing w/Kids and Moms (people will get interested and then do additional things)
- Strategize for Optimal Funding
- Partner with Other Agencies and Share Funding
- Networking/Collaboration
- Have Programs within an Organization Work Together More

Question #4: *How do we balance staffing and program needs?*

- “Complimentary Model”
- Ask if Grants/Contracts Align with Program Mission?
- Multi-Disciplinary Approach/Team
- Outreach into the Home for Services
- Community Resource Access (shelters, domestic violence resources, etc.) – must balance these referrals so as not to overwhelm clients

Question #5: *How do we find time to do everything we need to do?*

- Support Workers
- Outreach